

Cascade Country Manor

- Hotel and Spa - Paarl - South Africa -

SPA TREATMENTS

Cascade Full Body Massage	50 min	R 550
	90 min	R 750
Back, Neck and Shoulders Massage	30 min	R 400
Heaven on Earth Feeling	50 min	R 550
Duchess Deluxe Warming Body Treatment	120 min	R 900
A Royal Treatment For Your Legs	45 min	R 400
The Dukes Polish	90 min	R 750
Couples Scrub and Steam Session	60 min	R 750 per couple
Couples Delight	80 min	R 1500 per couple
Solo Steam Session	20 min	R 300

Open Mon - Sat: 10 am - 5 pm | Sun: 10 am to 2 pm
Bookings required | Subject to availability

Special Packages: 1 April 2019 - 30 June 2019

Mother and Daughter Delight 30 min R 1000
2 persons

Enjoy a relaxing Back, Neck & Shoulder Massage together, followed by a lunch platter on the terrace or in front of the fire. Ideal for spoiling mom or simply to enjoy quality time together

Winter Warmer Package 50 min R 700
per person

Solo Steam Session followed by a 30 min hot stone back massage and a warming glass of glühwein

Also enjoy the following:

Breakfast R 165
per person

Enjoy a delicious full continental and cooked breakfast before your treatment.

Lunch R 165
per person
2 courses

Join us in the lounge for a light lunch or a specialty coffee & cake to compliment your treatment.

Relaxation Room R 550
8am - 5pm

Why not enjoy a relaxing day room following your treatment. Available Mondays to Fridays.